

# Personal and Professional Leadership

## Professional Training in Personal and Professional Leadership: Overview

Leadership is not a position: it is a frame of mind. Once appointed to a leadership position, the journey through Maxwell's five levels of leadership – based on position, relationships, performance, mentorship to others and reaching the pinnacle – begins. To become the inspirational leader who builds a loyal, high performance team requires skills, a positive attitude and supportive behaviour that can be cultivated. Hence, it is a choice.

The purpose of the one-and-a-half-day programme is to offer leaders and potential leaders the opportunity to hone the skills and adopt an attitude that will support the delegate on her leadership journey. Delegates of the programme will gain theoretical understanding of - and experience in - specific leadership skills.

## Who should attend?

- Women in leadership positions
- Women being mentored for leadership positions
- Women intending to become future leaders

## Outcomes of the Training

- Renewed awareness of the importance of physical wellness for optimum performance under pressure.
- The development of a growth mind set in continuous development.
- Increased awareness of the value of good relationships.
- Engender the importance of positive professional engagement with the role players in the business.
- Create a deeper understanding of the difference between power versus force in leadership.
- Hone the following skills to support positive professional engagement with the role players in the business:

- SCARF Method
- Mentorship
- Critical reflective learning skills &
- Appreciative Inquiry

### **Length of training**

- 1½ days

### **Contact and Registration**

Please contact Dr Hannelie Nel for further information and registration.

Email: [hnel@tennelli.com](mailto:hnel@tennelli.com) or 082 924 6059

### **Guest Speaker**

Dr Suzette le Roux

### **Biography**

Suzette is a serial entrepreneur with a passion for people development. She holds an M.Sc. (Physics) (RAU), Post graduate Diploma in Higher Education (UPE) and a PhD in Personal and Professional Leadership (UJ).

In the nineties, she was appointed academic mentor to Eskom and Transnet B. Eng. (UJ) bursary holders from disadvantaged backgrounds. This inspired her to start a programme benefitting young people who may not have had access to these bursaries. In 1995, she started a Transvaal Education Department (TED) registered University Entrance School bridging students without university entrance into engineering, veterinarian science and medicine schools. During this period, she developed a mentoring programme to support these students.

Suzette has been involved in youth enterprise development projects such as: The Joburg Digital Ambassador Programme, Wellness Warrior pilot programme and Youth Agriculture Initiative – using unemployed youth for service delivery under mentorship.

Since 2004 she has mentored many business owners – ranging from disruptive start-ups to senior managers leaving employment and new owners of old businesses.